Descriptions of the Main Rings

The following illustrated rings are 8 but with the indicated additional variants there are a total of 15 paths.

1st RING of the High Strodi

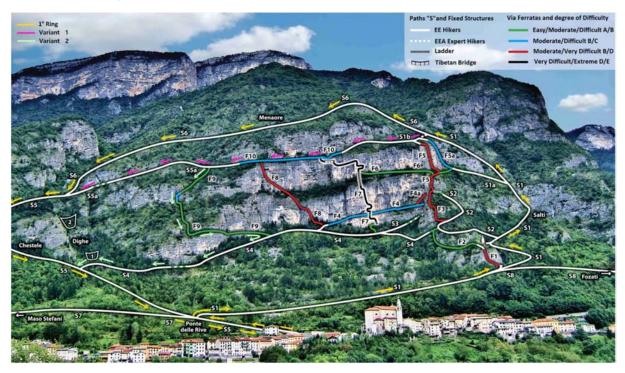


Figure 1: First Ring

Path Sequence - Class "EE" (Expert Hikers): Departure from Via Margherita, S5, S1 complete, S6 complete, S5 complete and return to Via Margherita.

• Path ~ 3,100m, average journey time 3 hours.

1st variant with sections of via ferrata class "EEA" (Excursions 15 experts but with via ferrata equipment): as main, but from the intersection of S1 and S6, take S1b north then through F10, S5a, S5 complete and return to Via Margherita.

• Path ~ 2.950m and equipped with 250m of Ropes, average journey time 3.5 hours.

2nd variant with sections of Ferrata Class "EEA":

as main, but at the intersection of F10 and F9, go down F9, S4 north, S5 and return to Via Margherita.

• Path ~ 2,230m and equipped with 590m of Ropes, average journey time 3.5 hours.

2nd Ring of the GIARUNI



Figure 2: Second Ring

Path Sequence - Class "EE":

Departure from Via Margherita, S5, S1, S2, descend S3, S4 north to S5, descend S5 and return to Via Margherita.

Path ~ 2,550m and equipped with approximately 80m of ropes, average journey time 2.5 hours.

1st variant Class "EEA":

as main but at the intersection of S4 and F9, go up F9 to S5a, go down S5a to the north, then full S5 and return to Via Margherita.

• Path ~ 3,150m and equipped with 410m of Ropes, average journey time 3 hours.

2nd variant of the "EEA" class via ferrata (expert hikers but with via ferrata equipment):

as main but at the intersection of S3 and S4, go down S4 towards the south, F2, S1, S5 and return to Via Margherita.

• Path ~ 2,700m and equipped with 195m of Ropes, average journey time 2.5 hours.

3rd Ring of the Three Joe - Bridge and Ledge of the Anguane (Scafa delle Anguane)



Figure 3: Third Ring

Path Sequence - Class "EEA":

Departure from Via Margherita, S5, S1, F1, F2, F3, Ponte delle Anguane, get off F4a, F4 north, S4 north, S5 and return to Via Margherita.

Path ~ 2,500m, equipped with 600m of ropes, average journey time 3.5 hours.

4th Ring of the South Wall



Figure 4: Fourth Ring

Path Sequence - Class "EEA":

Departure from Via Margherita, S5, S1, F1, F2, F3, Ponte Tibetano delle Anguane, go up F5 in full, go S1b south, go down F5a (valley), S1a, S1, S5 and return to Via Margherita.

Path ~ 2,800m, equipped with 560m of Ropes, average journey time 3.5hours.

1st variant of the Ferrata Class "EEA":

as main but at the intersection of F5 and S1b it travels S1b north, F10, S5a, S5 complete and return to Via Margherita.

• Path ~ 3.060m, equipped with 750m of Ropes, average journey time 4 hours.

2nd variant of the Ferrata Class "EEA":

as main but at the intersection of F9 and S5a, go down F9, S4 north, S5 and return to Via Margherita.

 \bullet ~ 3,140m route, equipped with 1,100m of ropes, average journey time 4 hours.

5th Ring of the North Face



Figure 5: Fifth Ring

Path sequence - "EEA" class: Departure from Via Margherita, S5, S1, F1, F2, F3, Ponte delle Anguane, F4a, F4 north to F8, climb F8, tail F10 north, S5a, S5 whole and return in Via Margherita.

• Path ~ 3.000m, equipped with 880m of ropes, average journey time 4 hours.

Warning: overhanging stretches on the northface.

1st variant of the Ferrata Class "EEA":

as above but at the intersection of S5a and F9 go down F9 then S4 north, S5 and return to Via Margherita.

Path ~ 3.070m, equipped with 1.200m of ropes, average journey time 4 hours.

Warning: overhanging stretches on the northface.

6th Ring of the South and North Walls

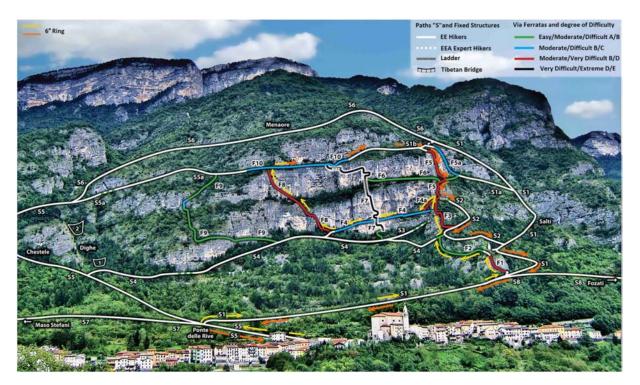


Figure 6: Sixth Ring

Path Sequence - Class "EEA":

Departure from Via Margherita, S5, S1, F1, F2, F3, Ponte delle Anguane, F4a, F4 northwards, up to F8, climb F8, traverse F10 southwards, S1b up to F5, descend F5, F4a, tail F4 towards south, S2, S1, S5 and return to Via Margherita.

Path ~ 3,500m, equipped with 1,160m of ropes, average journey time 4.5 hours

Warning: overhanging stretches on the northface.

7th Ring of the Central Wall

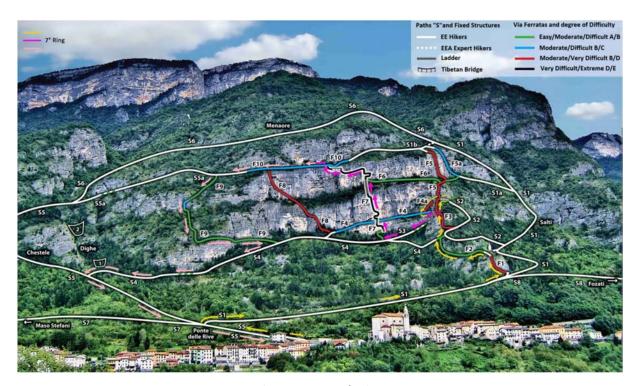


Figure 7: Seventh Ring

Path Sequence - Class "EEA":

Departure from Via Margherita, S5, S1, F1, F2, F3, Ponte delle Anguane, descend S3, ascend F7 to traverse F10, travel F10 north, descend S5a, complete S5 and return to Via Margherita.

• Path ~ 3,100m, equipped with 590m of Ropes, average journey time 5 hours.

Warning: via ferrata with overhanging and extreme sections only for experts with rock practice.

8th Great Ring of the Anguane



Figure 8: Eighth Ring

Path Sequence - Class "EEA":

Departure from Via Margherita, S5, S1, F1, F2, F3, Ponte delle Anguane, descend S4a, tail F4 south, descend S3, ascend F7 to traverse F10, follow F10 north, S5a until intersection with F9, descend F9, climb S4 south to F8, climb F8, F10 south, S1b to F5, descend F5, F4a, F4, S4 north to S5, descend S5 and return to Via Margherita.

• Path ~ 4,500m, extremely hard, laying over 1800m of ropes, average journey time 6 hours.

Warning: only for experts.