



VIEST HOTEL



*Relax
at Viest!*



Viest Hotel
Centro Benessere

.....

Spa & Relax

Our Wellness Center is a 300 sqm area dedicated to total well-being while providing a relaxing atmosphere away from daily stress.

Our center is equipped with Kneipp walk, heated bench, Jacuzzi hydro massage bath (8 sits), Sauna, Turkish bath, Onsen, emotional showers, ice machine and a tranquil area to relax with infusions and fruits.

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THE WELLNESS CENTER IS OPEN EVERY DAY:

WINTER OPENING HOURS:

From Monday to Friday: from 1:00 p.m. to 9:00 p.m.

Saturday, Sunday and Holidays: from 10:30 a.m. to 8:00 p.m.

SUMMER OPENING HOURS WITH SWIMMING POOL (June-September):

Monday: from 12:00 a.m. to 9:00 p.m. / From Tuesday to Friday: from 10:30 a.m. to 9:00 p.m. Saturday, Sunday and Holidays: from 10:30 a.m. to 8:00 p.m.

WELLNESS CENTER'S ENTRANCE PRICE (3 hours stay, reservation needed):

From Monday to Friday: **Euro 17.00**

Saturday, Sunday and Holidays: **Euro 24.00**

Hotel guests (if the room's price does not include the Wellness Center's entrance): **Euro 10.00**

(Prices are per person and with 2 towels included)

ENTRANCE PACKAGES

10 passes (from Monday to Friday):..... **Euro 140.00**

10 passes (weekend):..... **Euro 210.00**

MEMBERSHIPS

3 months:..... **Euro 300.00**

6 months:..... **Euro 400.00**

The membership is valid everyday (weekends and holidays excluded).

On weekends, we extend to our members a 50% discount for admission.

MASSAGES

Hot stones/ Californian Massage/ Aromatic Thai/ Relaxing Massage/ Anti-cellulite Massage/ Draining

(30 minutes / 55 minutes):..... **Euro 40.00 / Euro 60.00**

Candle Massage / Aromatic Massage:..... **Euro 70.00**

Ritual Hot Cold Stones and 7 Crystals (80 min.):..... **Euro 90.00**
(Spa entrance is included in the price)

Four Hands Massage (45 min.):..... **Euro 90.00**
(Spa entrance is included in the price)

Couple Massage (same cabin, 50 min.):..... **Euro 120.00**
(Spa entrance and a kit are included in the price)

Paradise Couple Massage (same cabin, 70 min.):..... **Euro 160.00**
(Spa entrance and a kit are included in the price)

MASSAGES PACKAGES:

5 massages (30 minutes / 50 minutes)..... **Euro 172.00 / Euro 250.00**

10 massages (30 minutes / 50 minutes)..... **Euro 340.00 / Euro 500.00**

MASSAGES PACKAGES WITH SPA:

3 massages membership (2 months validity)

Duration: 30 minutes **Euro 120.00**

Duration: 50 minutes **Euro 180.00**

(with a 50% discount for the fourth massage and free admission to the Spa)

6 massages membership (4 months validity)

Duration: 30 minutes **Euro 240.00**

Duration: 50 minutes **Euro 360.00**

(the seventh massage is free + free admission to the Spa)

SPA DAY OFFERS:

Each offer includes one entrance to the wellness center with two towels.

Day Spa 1 **Euro 55.00**
with a 30 minutes relaxing massage

Day Spa 2 **Euro 70.00**
with a 30 minutes relaxing massage

Day Spa 3 **Euro 85.00**
with 1 body scrub and a 30 minutes massage

Face and body treatments **from Euro 75.00**

with Spa entrance and a kit included.

cf. "Rituals day Spa" catalog.

Max Beauty Program:..... **Euro 250.00**

Detoxifying/ anti-cellulite (duration 2,5 hours)

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SPA PHILOSOPHY

Our method focuses on people's real needs by a scientific skin's check-up to evaluate the state of the skin and consequently apply a tailor-made program to provide the best results. Every treatment is completely customized and has a scientific approach thanks to a synergy of cosmetics, massages and technologies, in order to combine the best esthetic efficiency with the best well-being sensation.

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SPECIFIC FACIAL TREATMENTS

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"The Contact" is the welcome phase that precedes every treatment and consists in a mix of massages and aromas for an immediate relaxation.

FACE SKIN ANALYSER

A personalized check-up done by 3D-technology to examine a variety of skin conditions such as the hydration level, sebum, flaws and blemishes.

Thanks to this machine, we can suggest you specific treatments against every type of flaw.

SPECIFIC FACE CLEANSING

A careful skin check-up to identify skin's needs. From the first approach, it restores the correct physiological balance of all skin types.

Duration: 55 minutes - Price: 60.00 Euro

SUPREME MOISTURIZATION

Dry and thin skin tends to highlight expression signs, tiredness and stress and just to "quench" it from the outside is not enough. "Supreme moisturization" is a necessary treatment for skin's health and beauty made with the best massage techniques for a magical, relaxing moment.

Duration: 60 minutes - Price: 60.00 Euro

FRESH EMOTIONS

This is the right answer for sensitive and intolerant skins, with widespread redness. Velvety and fresh textures to calm, brighten, hydrate and give an immediate comfort.

Duration: 60 minutes - Price: 70.00 Euro

BALANCE

Particularly recommended for skins with flaws (such as enlarged pores, shininess, bumps and blemishes), it is also a SOS treatment for normal skins, afflicted by flaws in specific cases, such as stress moments, genetic inclination and hormonal imbalances.

Duration: 60 minutes - Price: 60.00 Euro

PURE ENERGY:

The energy of Vitamin C, intensified by Lime butter from Mexico is here used to guarantee to every skin type a regenerative, enlightening, strengthen and moisturizing action. It can be used before or after sunbathing, to intensify tan and make it stay longer.

Duration: 60 minutes - Price: 80.00 Euro

WHITE MOON

Environmental pollution, incorrect exposure to sunrays and hormonal imbalances are some of the major causes of an uneven appearance. Skin thickens and dulls, it turns grey and could even show blemishes. "White Moon" is an effective treatment to provide an immediate radiance to the face and to smooth the skin.

Duration: 60 minutes - Price: 70.00 Euro

DELAY INFINITY

A revolutionary association of highly performing vegetable ingredients to prevent and delay the appearance of early wrinkles. The treatment includes a lifting massage, especially dedicated to fragile areas, such as eyes and lips, neck and décolleté for a shining effect.

Duration: 60 minutes - Price: 80.00 Euro

DEEP RENEWAL

A particular mix of acidic molecules exfoliates the skin, moisturizes and protects it from free radicals. Skin is renewed and shows a smooth and compact aspect.

This treatment is also recommended to remove men's skin flaws.

Duration: 30 minutes - Price: 70.00 Euro

INTENSE:

This treatment uses Peruvian white cocoa, seaweed, energized sea water and white peony to contrast damages produced by environmental pollution and blue lights from electronic systems, that make skin age earlier.

The effect on wrinkles is smoothing and the skin looks immediately brighter.

Duration: 60 minutes - Price: 80.00 Euro

75.15 EYES CONTOUR TOUCH

Lifting and anti-wrinkles treatment specific for eye area. It provides a draining and lightening action for dark circles.

Duration: 40 minutes - Price: 70.00 Euro

75.15 SUPERIOR TOUCH

This luxurious program provides an immediate lifting effect while redefining face's oval and making the skin appear more compact. This is an innovative synergy of amethyst, passion flower, pistacia lentiscus and specific massage skills. Dedicated to those who are looking for brightness and charm.

Duration: 75 minutes - Price: 130.00 Euro

BIO+

An entirely organic treatment that guarantees the best efficiency throughout a new formulation. It fits to every skin type, nourishes (with olive oil and safflower), redensifies (linseeds), hydrates (wormwood), balances (red blueberry) and develops an antioxidant action (pomelo). **Duration: 60 minutes - Price: 80.00 Euro**

SPECIFIC BODY TREATMENTS

The important "Contact-phase", a mix of massages and aromas, for an immediate relaxation.

DETOX AND DRAINING

THEMA DETOX

Scrub massage and body compress, with an exfoliating and detoxing action made of water-cress extract against toxins, tomato for an antioxidant effect and nourishing olive oil. The result is a regenerated and soft skin.

Duration: 70 minutes - Price: 80.00 Euro

OSMOSI SEA DRAINING SCRUB

Mediterranean salts and berries extract for a smoothing and draining action.

Duration: 50 minutes - Price: 60.00 Euro

OSMOSI AND BANDAGE

It's a draining treatment that immediately reduces legs swelling thanks to the use of bandage with ice effect.

Duration: 70 minutes - Price: 90.00 Euro

MODELLING

BODY REDUCING

A Thalasso treatment with high effectiveness: precious substances from deep Oceans and pure Antarctic water work together to reduce and model waistline, hips, abdomen and glutes. A specific skin activation and preparation massage will also provide the best result.

Duration: 60 minutes - Price: 70.00 Euro

"TERRA" ANTI-CELLULITE BODY MASK

It is a specific treatment designed to reduce cellulite and skin's fibrousness. It consists in a hot body mask and a deep massage for a focused action.

Duration: 60 minutes - Price: 70.00 Euro

"TERRA" ANTI-CELLULITE BANDAGE

They are two different kinds of bandage to reduce deep cellulite.

Duration: 55 minutes - Price: 70.00 Euro

"TERRA" TRIPLE ACTION ANTI-CELLULITE

They are three treatments during the same session: the power of a mask against deep cellulite combined with bandage's draining action and a specific massage.

Duration: 90 minutes - Price: 100.00 Euro

"FUOCO" TREATMENT

A strong global treatment, that focuses on many flaws: fat, cellulite, atony and stretch marks. A mix of concentrates and oils combined with a massage made with a volcanic rock, called "diorite".

Duration: 70 minutes a treatment - Total price for 4 treatments: 360.00 Euro

TONING

TONING SIKELIA

Innovative blend of Sicilian citrus fruits and dill extract with a deep toning power. Specific vegetal active substances operate on different body zones: breast, abdomen, legs, arms, stretch marks.

Particular attention is given to blemishes caused by the menopause, in order to reduce and tone thanks to the Tisochrysis seaweed.

Duration: 50 minutes - Price: Euro 70.00

MAN WELL-BEING

These new treatments are designed to answer precisely and completely to men's needs: anti stress, detoxing, weight losing and toning combined with sensations, perfumes and colors.

PURIFYING TREATMENT

Specific active substances for an immediate detoxing, brightening and opacifying effect.

Duration: 50 minutes - Price: Euro 60.00

JUST FOR HIM

A simple and complete program against skin ageing that protects face skin against daily shaving and environmental pollution. These soft and easily absorbing textures are combined to massage skills to get the right skin renewal.

Duration: 60 minutes - Price: Euro 75.00

ACTIVE MASK JUST FOR HIM

Eye area treatment for a fresher gaze. It reduces wrinkles and dark circles.

Duration: 40 minutes - Price: Euro 70.00

WELL-BEING FROM HERBS AND HAY FROM ASIAGO

Hay represents vital energy in nature: it gets this energy from Sun and Earth and transmits it to the body, acting on life's essential elements.

PINDA MASSAGE:

These "pinda" (bundles) made with hay and herbs are warm and contain active principles and aromatic characteristics. A combined action of "pinda" with other specific massages stretches muscle tension and gives a deep relaxation.

Duration: 60 minutes - Price: Euro 80.00

HOT WRAP WITH ALPINE HERBS:

This wrap made with high quality and pure alpine herbs has a calming and detoxing action. It helps muscles to relax and stimulates blood circulation.

Duration: 55 minutes - Price: Euro 70.00

BODY DRY BRUSHING:

This old and healthy treatment helps to take care of the body, improving its dynamism. The body is brushed with a natural fiber brush in order to relax, alleviate tensions, renew skin and stimulate blood circulation.

Duration: 25 minutes - Price: Euro 30.00

BEAUTY CARES

WAX total leg, partial bikini wax, armpits **Euro 35.00**

WAX half leg, partial bikini wax, armpits..... **Euro 25.00**

TOTAL BRAZILIAN WAX..... **Euro. 13.00**

EYEBROWS WAXING..... **Euro.. 8.00**

SPA MANICURE* **Euro 22.00**
with nail polish applied

SPA PEDICURE* **Euro. 27.00**
with nail polish applied

NAIL POLISH CHANGE **Euro. 10.00**

GEL POLISH (no manicure)..... **Euro 25.00**

GEL POLISH + MANICURE..... **Euro 35.00**

(*no sharp blades are used)

SUMMER AT VIEST HOTEL

SUMMER GARDEN AND MEZZALUNA RESTAURANT:

Outdoor swimming pool located in the greenery, a relaxing area with bench chairs, five-a-side football field, ping pong, beach volley field.

"MEZZALUNA" SUMMER:

Bar and aperitifs by the swimming pool, this space is perfect for breakfasts, lunches, dinners and parties, too.

We organize "Live Music" nights year-round, aperitifs and special days: many events for your relax and well-being. We are waiting for you!



Follow us:

ViestHotel

Ristorante Mezzaluna Pool & Garden



WELLNESS CENTER RULES

Each guest must complete a self-certification of health prior to use the sauna. People with previous health conditions must present a medical note from their doctor.

We invite you to please keep voice tone to a minimum.

It is not permitted to use personal products, perfumes, oils or other products inside the wellness center and cabins.

Eating or drinking inside the wellness center and cabins is not allowed.

CLOTHING

It is compulsory to wear a swimsuit, use towels and flip flops while at the Wellness Center.

The use of swimsuit in the hydro massage bath and cabins is compulsory.

People who do not follow these guidelines may be asked to leave by our staff.

ADDITIONAL INFORMATION

HOTEL GUESTS

Bathrobe and flip flops are included for the guests staying in the Deluxe and Superior rooms only.

“DAY USE” ROOMS

Ask for your “day use” room at: info@viest.it.
SPA kit: bathrobe, extra-large towels, flip flops and disposable swimsuit: 5.00 Euro each. Complete kit: bathrobe, towel, flip flops and disposable swimsuit: 10.00 Euro each.

DEPOSIT

A deposit is required for the use of bathrobe, and will be given back when you return it.

GIFT VOUCHER

All services can be given. The gift voucher is valid for 9 months from the date of issue. Treatments and massages with voucher must be reserved at least 15 days in advance.

KIDS AND MINORS

No one under the age of 16 is permitted in the wellness center. Kids between 16 and 18 can go to the Wellness area with their parents only, who must also sign a waiver before.

Kids are admitted in the swimming pool during summer.

BOOKING

At weekend or during bank holidays the permanence at Wellness area will be lasting three hours and you had better book in advance, to avoid a waiting list. All beauty treatments and massages must be reserved.

If you come late, we will not guarantee the possibility to stay after the closing time to complete the treatment.

CANCELLATIONS AND LATE ARRIVALS

Massages and treatments' cancellations must be made at least 24 hours in advance, otherwise we will apply a 50% cancellation fee, on catalog's price.

PERSONAL PROPERTY OR DAMAGE

The Spa is not responsible for any lost or damaged property at the Wellness center.

PROMOTIONS SPA AND SWIMMING POOL

Evening and afternoon admissions, reduced tickets, subscriptions and day passes packages are always available.

They are not cumulative or comparable to other promotions or discounts.

Opening time and prices may vary.



VIEST HOTEL



VIEST HOTEL CENTRO BENESSERE

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